



7-Day Bible Study Plan: Building Trust in God (With Stories)

Day 1 — God Is Trustworthy by Character

Scripture:

Numbers 23:19

Psalms 33:4

Bible Story: Abraham trusts God's promise (Genesis 12; Genesis 15; Genesis 17)

God called Abraham to leave everything familiar and promised him a future he couldn't yet see. Abraham trusted God's character before receiving the promise.

Summary Thought:

Trust begins with believing God is exactly who He says He is.



Day 2 — Trusting God When the Outcome Makes No Sense

Scripture:

Proverbs 3:5–6

Isaiah 55:8–9

Bible Story: Noah builds the ark (Genesis 6–9)

Noah obeyed God even though he had never seen rain like that before. His obedience showed trust beyond his own understanding.

Summary Thought:

Sometimes trust requires obeying before you fully understand.





Day 3 — God's Presence in Fear and Uncertainty

Scripture:

Psalm 56:3–4

Joshua 1:9

Bible Story: David and Goliath (1 Samuel 17)

David faced a giant no one else wanted to fight, relying entirely on God's presence and faithfulness rather than his own strength.

Summary Thought:

Trust grows when you remember God stands with you in intimidating moments.





Day 4 — Trusting God in Waiting Seasons

Scripture:

Psalm 27:13–14

Lamentations 3:25–26

Bible Story: Hannah prays and waits for a child (1 Samuel 1–2)

Hannah endured years of waiting and disappointment, but she kept her faith in God's timing and faithfulness — and He answered her prayer with Samuel.

Summary Thought:

Waiting doesn't mean God is silent; it means He is preparing something.





Day 5 — Trusting God for Provision

Scripture:

Matthew 6:25–34

Philippians 4:19

Bible Story: Elijah and the widow at Zarephath (1 Kings 17:8–16)

God provided for Elijah and a widow during famine — just enough each day. Their trust in God led to miraculous daily provision.

Summary Thought:

Trust deepens when you depend on God for daily needs.





Day 6 — Trusting God in Hardship and Trials

Scripture:

Romans 8:28

Isaiah 43:1–2

Bible Story: The three Hebrew boys (Shadrach, Meshach, Abednego) (Daniel 3)

They trusted God even when facing a fiery furnace. They declared God *could* deliver them — but even if He didn't, they would still trust Him.

Summary Thought:

Real trust remains steady even when circumstances are painful or risky.





Day 7 — Choosing Trust Daily and Fully

Scripture:

Psalm 37:3–7

Hebrews 10:35–36

Bible Story: Peter walking on water (Matthew 14:22–33)

Peter trusted Jesus enough to step out of the boat. When he lost focus, he started sinking — but Jesus caught him. This story shows the daily choice to keep trust centered on God.

Summary Thought:

Trust is a daily step, not a one-time moment.

